

# Autumn in Bar Harbor & Acadia National Park

October 15-18, 2018

Bar Harbor, Maine

Harborside Hotel & Marina Resort & Spa



Acadia National Park and the city of Bar Harbor have a long and storied history as a vacation getaway. Located on the coast of Maine, Acadia encompasses 47,633 acres of granite-domed mountains, woodlands, lakes and ponds, and ocean shoreline.

## TUITION & PAYMENT

**4-Day Attendance:** \$850/21 Class A CE Credits

**Daily Rate:** \$250/5 Class A CE Credits

### Savings Opportunity:

Tuition received 60 days prior to symposium (August 16, 2018) will enjoy the following discount for full attendance: \$50  
*Discounts are not applied to daily attendance.*

### Tuition Payment:

**Checks:** Payable to Encore Symposiums, Inc.

**Send to:** 1907 Loch Lomond Ct., Winston-Salem, NC 27106

**Credit Cards Via Website:** Go to Register Now

This program has been prior approved by the AANA for 21.00 Class A CE credits; Code Number J1035621  
Expiration Date 10/18/2018, and 9 CE Credits in Pharmacology/Therapeutics.  
AANA is an approved provider by the California Board of Registered Nursing CEP#10862

Registration is confirmed upon payment to Encore Symposiums.  
Travel reservations do not guarantee registration at the symposium.

## HARBORSIDE HOTEL & MARINA RESORT & SPA

**(800) 328-5033**

[www.theharborsidehotel.com](http://www.theharborsidehotel.com)

55 West Street, Bar Harbor, Maine 04609

### Encore Symposiums Negotiated Discounted Rates:

Deluxe King or Two Doubles Standard View: \$262/night plus local taxes and fees and resort charge.  
Room upgrades are based on availability (refer to website).

The Harborside Hotel, Spa & Marina features 193 stylish Bar Harbor accommodations, including spacious guest rooms, deluxe studios and luxurious suites, nearly all of which boast fantastic views of Frenchman's Bay. Bell service and housekeeping gratuities are not included in the nightly rate and are at guests' discretion.

### To Secure Reservations:

- Call Harborside Hotel & Marina & Spa directly at (800) 328-5033.
- Identify yourself as a guest of Anesthesia Encore Symposiums.
- **Reservations must be made by August 31, 2018 to receive group discount.**

During the fall season, accommodations at the Harborside sell out quickly!  
To assure accommodations at the conference facility, we strongly suggest that you secure your reservations by July.

Your registration and tuition payment to Encore Symposiums does not guarantee lodging accommodations.

### Overflow Hotel Lodging: Bar Harbor Regency

Bar Harbor Regency is the sister property of the Harborside Hotel Spa and Marina.  
Call resort directly at (800) 234-6835 and identify yourself as an "Encore Symposiums Attendee Overflow Block from Harborside" to secure your reservation. Visit our website for more details.



More than 35 years of Fabulous Destinations!

[www.escrnas.com](http://www.escrnas.com)  (877) 372-7627  Winston-Salem, NC

## PROGRAM SCHEDULE

### Pre-Conference Events - Sunday, October 14

6:00 pm Autumn in Maine Welcome Reception

### Day 1 - Monday, October 15

6:30 am **Registration and Full Continental Breakfast**  
6:55 am **Welcome and Introductions**  
7:00 am Emergency Airway Preparedness at Ambulatory Surgery Centers with Solo Providers – *K. Westra* – AM • AET  
8:00 am ERAS: Enhanced Recovery after Surgery – *S. Ciresi* – ACP • HPP  
9:00 am Anesthesia Essentials for Cardiac Valvular Disorders – *K. Westra* – ACP • HPP  
10:00 am **Refreshment Break**  
10:15 am Review of Airway Risk Assessment and Risk Mitigation – *C. Frederick* – AM • HPP  
11:15 pm Pre-operative Evaluation and Testing – *C. Frederick* – HPP  
12:15 pm Bonus Credit: NBCRNA / CPC (Continued Professional Certification) Update - *C. Gill*

### Day 2 - Tuesday, October 16

6:30 am **Full Continental Breakfast**  
7:00 am CHEETAH: Measuring Fluid Balance Using the Starling Curve – *S. Ciresi* – ACP • HPP  
8:00 am Surgical Infection Prevention: Focus on Antibiotics – *K. Westra* – ACP • HPP  
9:00 am **Refreshment Break**  
9:15 am Obstetrical Anesthesia: A Survivor's Guide – *K. Westra* – ACP • HPP  
10:15 am Pediatric Pearls for the Occasional Pediatric Anesthetist – *K. Westra* – AM • HPP • AET  
11:15 am Goal Directed Therapy in Hypertension – *C. Frederick* – HPP

### Day 3 - Wednesday, October 17

6:30 am **Full Continental Breakfast**  
7:00 am Pharmacogenetics and Anesthesia – *C. Frederick* – ACP • HPP  
8:00 am Understanding and Managing Acid-Base Balance in Anesthesia – *K. Westra* – HPP  
9:00 am **Refreshment Break**  
9:15 am Anesthesia for HIV and Aids: More than Meets the Eye – *K. Westra* – ACP • HPP • HI  
10:15 am Preoperative Anxiety: Are You Doing Anything About It? – *S. Ciresi* – ACP  
11:15 am The Perioperative Surgical Home Model – *C. Frederick*

### Day 4 - Thursday, October 18

6:30 am **Full Continental Breakfast**  
7:00 am Uptake and Distribution of Inhalational Agents: Impact on Cognitive Dysfunction – *S. Ciresi* – ACP • HPP  
8:00 am Anesthetic Management of Pheochromocytoma: Focus on Magnesium and Clevidipine – *K. Westra* – ACP • HPP  
9:00 am **Refreshment Break**  
9:15 am Staying Out of Trouble: Guarding Against Cognitive Biases – *K. Westra* – HPP  
10:15 am Oxygen: Friend or Foe? – *S. Ciresi* – ACP • HPP  
11:15 am Anesthesia: Clinical, Career Pathway, Making it to Retirement Safely – *K. Westra*

#### Relevancy of Topics to CPC Core Modules which are linked to the future CPC Examination

AM = Airway Management

ACP = Applied Clinical Pharmacology

HPP = Human Physiology and Pathophysiology

AET = Anesthesia Equipment and Technology

#### Specific Content Areas for

##### APRN License Renewal

LI = Legal Issues

HI = HIV/AIDS

LY = Lyme Disease

#### FACULTY

##### Sal Ciresi, PhD, MN, CRNA

##### Colonel (ret) US Army

Staff CRNA, Novant Health Huntersville Medical Center, Huntersville, NC  
Former Program Director, Nurse Anesthesia, William Beaumont Army Medical Center, EL Paso, TX

##### Carrie Frederick, MD

Retired Adjunct Clinical

Associate Professor in Anesthesia  
University of New England,  
College of Health Professionals  
Portland, ME

##### Christopher Gill, CRNA, MS

Assistant SRNA Program Director, Brigham and Women's Hospital, Boston, MA  
Emerging Leader Fellow, National Board of Certification and Recertification for Nurse Anesthetists (NBCRNA)  
Former Clinical Coordinator/Staff CRNA  
Massachusetts General Hospital, Boston, MA

##### Kimberly Westra CRNA, MS, DNP, MBA

Chief Nurse Anesthetist and  
Manager Perioperative Education  
The Reading Hospital Center  
Reading, PA

## TRANSPORTATION DISCOUNTS & INFORMATION

### DELTA AIRLINES

**Travel Dates:** October 12 - 21, 2018

**Discounts Valid at the Following Airports:**

Bangor, ME, (BGR) Portland, ME (PWM), Boston, MA (BOS)

**On-line Reservations and Ticketing:** [www.delta.com](http://www.delta.com)

When booking online, select 'Book Your Flight' and enter Meeting Code in box provided.

**Phone Reservations:** Call 800-328-1111. Please note that a Direct Ticketing Charge will apply for booking by phone.

**Meeting Code:** NMQFT

**Approximate Airport Travel Times to Convention Property:**

Bangor Airport - One hour, 14 minutes via US 1-A E. (53 miles)

Bar Harbor Airport - 12 minutes via ME-3 E/Acadia All-American Rd. (23.3. miles)  
(No Delta Service)

Portland, ME Airport - 3 hours via I-259 N and I-95 N (178.7 miles)

Boston, MA Airport - 4 hours, 41 minutes via I95 (282 miles)

*Discounts are off published fares at the time of your search or purchase.*

*The discounts range from 2% - 10%.*

### HERTZ

**Phone:** (800) 654-2240 - **Convention Number:** (CV# 02510021)

**Travel Dates:** October 8 - 25, 2018

**Locations Available:** Bar Harbor and Bangor locations

**Easy On Line Steps to Get Your Quote:**

1. Go to [www.HERTZ.com](http://www.HERTZ.com)
2. On reservation page, enter preliminary information (Renting City, Dates, Times)
3. Scroll to bottom of the page to the highlighted convention number box. Convention number is automatically inserted.
4. Select either "Book as Member" or "Book as Guest".
5. Proceed to finalize your reservation as directed.

## TUITION INCLUSION

- 21 Class A CE Credits, submitted to the AANA immediately post symposium
- Attendance Certificate
- Presentations in digital format
- Welcome Reception for participants Sunday evening, October 14
- Daily Full Continental Breakfast
- Travel Discounts
- \$50 Discount Certificate to be applied to a future Encore Symposium

## FLEXIBLE CANCELLATION PLAN

- Cancellation received more than 30 days prior to event:  
*Full credit applied to an Encore Symposium of your choice within 12 months or refund less \$100 processing fee.*
- Cancellation received less than 30 days prior to event:  
*Full credit applied to an Encore Symposium of your choice within 12 months.*
- Credits are non-refundable for cash.

**All travel arrangements are contracted between the attendee and the airline.**

**Encore Symposiums is not responsible, nor liable for air transportation or discounts.**

**Encore Symposiums reserves the right to substitute speakers and their topics in the event of an emergency.**

**In the event it is necessary to cancel a program, Encore Symposiums' liability shall be limited to a full refund of the tuition fee.**

**Autumn in Maine  
Welcome Reception  
Sunday, October 14  
5:00 - 6:30 pm**

**Drawing for one  
Encore Symposiums  
Scholarship will be held  
at the conclusion  
of the symposium.  
(Must be present to win)  
Valid for complimentary  
tuition within 18 months.**

Autumn in Bar Harbor & Acadia National Park: October 15-18, 2018



Please PRINT All Information Below:

Name: \_\_\_\_\_

AANA #: \_\_\_\_\_

Address: \_\_\_\_\_

City, State & Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

# of Adults in Party: \_\_\_\_\_ # of Children: \_\_\_\_\_ Children's Ages: \_\_\_\_\_

Enroll Me In All Four Days - 21 Class A CE Credits \_\_\_\_\_

Enroll Me in the Following Days - 5 Class A CE Credits per day: Day 1 \_\_\_\_\_ Day 2 \_\_\_\_\_ Day 3 \_\_\_\_\_ Day 4 \_\_\_\_\_

Payment: Check enclosed \_\_\_\_\_ Payment is Being Processed: This is my letter of intent \_\_\_\_\_

Employer Information:

Company Name: \_\_\_\_\_ Employer First & Last Name: \_\_\_\_\_

Other Information:

How did you hear about us? \_\_\_\_\_

Tuition: \$850/21 Class A CE Credits

Savings Opportunity:

Tuitions received 60 days prior to symposium (08/16/2018) will enjoy the following discount for full attendance: \$50

Daily Rate: \$250/5 Class A CE Credits

Tuition Payment:

Checks: Payable to Encore Symposiums, Inc.

Send to: 1907 Loch Lomond Ct., Winston-Salem, NC 27106

Credit Cards Via Website: Go to Register Now

ADDITIONAL INFORMATION REQUEST

Please Send Information on the Selected Encore Symposiums:

- November 3, 2018: Sedona Red Rock Epidural Workshop 2018 Encore Symposium – Sedona, AZ
November 4, 2018: Sedona Red Rock Ultrasound Workshop 2018 Encore Symposium – Sedona, AZ
November 4, 2018: Sedona Red Rock Pharmacology CPC Review 2018 Encore Symposium – Sedona, AZ
November 5 - 8, 2018: Sedona Red Rock & Grand Canyon Experience 2018 Encore Symposium – Sedona, AZ
January 28 - 31, 2019: Taste of New Orleans 2019 Encore Symposium - New Orleans, LA
February 16 - 17, 2019: CPC Review - Palm Springs Oasis in the Desert 2019 Encore Symposium – Palm Springs, CA
February 18 - 21, 2019: Palm Springs Oasis in the Desert 2019 Encore Symposium – Palm Springs, CA
March 16 - 17, 2019: Sun & Sand: CPC Review 2019 Encore Symposiums – Naples, FL
March 18 - 21, 2019: Naples & Everglades National Park Escape 2019 Encore Symposium – Naples, FL
May 19, 2019: Spring on Hilton Head Island Ultrasound Workshop 2019 Encore Symposium – Hilton Head, SC
May 20 - 23, 2019: Spring on Hilton Head Island 2018 Encore Symposium – Hilton Head, SC
June 2, 2019: Charleston Harbor-Front Pharmacology CPC Review 2019 Encore Symposium – Mt. Pleasant, SC
June 3 - 6, 2019: Charleston Harbor-Front Sanctuary 2018 Encore Symposium – Mt. Pleasant, SC

For Office Use Only: (Circle) P E Amount: \_\_\_\_\_ Date Received: \_\_\_\_\_ Check No.: \_\_\_\_\_