



## CRNA CENTRIC SEMINARS

Over 40+ Years of a  
Primarily CRNA Faculty  
Focused on:  
CRNAs  
Service  
and the  
NBCRNA/CPC Exam  
Preparation

Contact Us:

(336) 768-9095

**AUTUMN IN BAR HARBOR AND  
ACADIA NATIONAL PARK  
OCTOBER 19-22, 2026**



[www.theharborsidehotel.com](http://www.theharborsidehotel.com)

**55 West Street**

**Bar Harbor, ME 04609**

**(800) 328-5033**

## PROGRAM SCHEDULE

### Monday, October 19

6:30 am	Registration and Harborside Breakfast
6:55 am	Welcome and Introduction
7:00 am	What's New in Anesthesia: Highlights of New Trends and Issues - J. Lowrance - <b>ACP • AET</b>
8:00 am	Novel Applications for the Erector Spinae Plane (ESP) Block - J. Pabalate - <b>ACP • HPP • MAC • PM</b>
9:00 am	Understanding Hypotensive Prediction Algorithms - J. Pabalate - <b>AM • HPP • MAC</b>
10:00 am	Refreshment Break
10:15 am	Neuromuscular Drugs and Reversal: Past, Present and Future - R. Shores - <b>ACP • HPP • MAC • PM</b>
11:15 am	Hypothermia: Incidence, Implications, Interventions - R. Shores - <b>HPP• AET</b>
12:15 pm	Unlocking Pain Relief: Exploring Journavx - K. Westra - <b>ACP • HPP • PM</b>
1:30 pm	"Encore Anesthesia After Hours": Free MAC Dev Credit, Hors d'oeuvres and Cash Bar Available by RSVP ONLY

### Tuesday, October 20

6:30 am	Registration and Harborside Breakfast
7:00 am	Anesthesia for the Asthmatic - K. Westra - <b>ACP • HPP • MAC</b>
8:00 am	The Resurgence of Methadone in Anesthesia - K. Westra - <b>ACP • HPP • PM</b>
9:00 am	Practical Pharmacology Review: Clarifying Key Tools for the CRNA - J. Lowrance - <b>AM • HPP • MAC</b>
10:00 am	Refreshment Break
10:15 am	Airway Basics: Master the Foundation- J. Lowrance - <b>AM • HPP• MAC</b>
11:15 am	Pre-Anesthesia Testing in the Rural/Critical Access Hospital Environment - J. Pabalate
12:15 pm	Neuromuscular Management and Monitoring - R. Shores - <b>ACP• HPP • AET • MAC</b>

#### Legend for Topic Relevancy to the CORE Modules and CPC Exam Preparation

**AM** = Airway Management

**ACP** = Applied Clinical Pharmacology

**HPP** = Human Physiology and Pathophysiology

**AET** = Anesthesia Equipment and Technology

**MAC** = Maintain Anesthesia Certification

### Wednesday, October 21

6:30 am	Registration and Harborside Breakfast
7:00 am	Mythbusters: Neuromuscular Monitoring and Reversal - R. Shores - <b>ACP• HPP • MAC</b>
8:00 am	Occupational Hazards in the OR - R. Shores
9:00 am	Ultrasound Sonography and Knobology Review - J. Pabalate - <b>ACP • HPP • AET</b>
10:00 am	Refreshment Break
10:15 am	The Coagulation Cascade Made Easy - A. Suralis - <b>ACP • HPP • MAC</b>
11:15 am	Airway Advanced Techniques: Push into True Expertise - J. Lowrance - <b>AM • HPP</b>
12:15 pm	Damage Control: Fluids & Resuscitation - K. Westra - <b>ACP • HPP • MAC</b>

### Thursday, October 22

6:30 am	Registration and Harborside Breakfast
7:00 am	Ketamine Infusion for Today's Modern Clinician - J. Pabalate - <b>ACP • HPP</b>
8:00 am	Neuroanesthesia for the Occasional Neuroanesthetist - K. Westra - <b>ACP • HPP • MAC</b>
9:00 am	OB Anesthesia Care: Critical Anesthesia Scenarios - K. Westra - <b>ACP • HPP • MAC</b>
10:00 am	Refreshment Break
10:15 am	Sepsis: Implications for Anesthetic Management - R. Shores - <b>ACP • HPP • MAC</b>
11:15 am	The Vortex Model of Resilience: How to Control the Chaos - J. Lowrance

#### Legend for Topic Content Specific for APRN License Renewal

**PM** = Pain Management

**LI** = Legal Issues

**HI** = HIV/AIDS

**LY** = Lyme Disease

## FACULTY

Jon Lowrance, MSN, CRNA

Jonathan Pabalate, DNP, CRNA,

Ryan Shores, DNP, CRNA

Amy Suralis, DNP, CRNA, APRN

Kimberly Westra, DNP, MS, MBA, CRNA

## ACCREDITATION

This program has been submitted to the AANA for 23.00 MAC Ed CE credits.

The AANA is an approved provider by the CA Board of Registered Nursing, CEP#10862

## TUITION

4-Day Attendance: \$1175/23 CE Credits / Daily Rate: \$300

Savings Opportunity: A \$50 discount will apply to full attendance tuition received 60 days prior to the symposium (August 20, 2026)

Tuition Checks Payable to: Encore Symposiums, Inc.  
1907 Loch Lomond Ct., Winston-Salem, NC 27106

[Register Now On Line](#)

[Student Discounts Available](#)

## ACCOMMODATIONS

### Harborside Hotel, Spa & Marina

(843) 856-0028

#### **Encore Symposiums Negotiated Discounted Nightly Rates:**

King w/Sleeper Sofa Standard View \$399 / Queens Standard View \$409 / King w/Sofa Harbor View / \$475 plus all applicable taxes

Additional Room Types Available ~ Special Resort Concessions for Encore Symposium Attendees

(Identify yourself as an attendee of Anesthesia Encore Symposiums.)

Reservations must be made by September 17, 2026, to receive the group discount or until the Encore room block is sold out.

## TRAVEL DISCOUNTS

### **DELTA AIR LINES**

Travel Dates: October 12- 27, 2026

Meeting Code: NM4S5

Discounts Valid at the Following Airports:

Bangor Airport (BGR) / Bar Harbor (BHB) / Boston (BOS) Portland (PWM)

Online Reservations and Ticketing: [www.delta.com](http://www.delta.com)

Please Note: When booking online, select 'Book Your Flight' and enter the

Meeting Code: NM4S5

Phone Reservations: Call Delta Meeting Network® at: 800-328-1111

(7:00 am - 7:30 pm CT)

Please Note: No service fee for reservations booked and ticketed via Delta Air Lines reservation 800 number.

Approximate Travel Time from listed airports to the conference hotel are listed on our website on the Travel Discount Page.

### **HERTZ CAR RENTAL**

We strongly recommend that you contact your preferred car rental company EARLY.

Due to the vehicle shortage, the convention program has been suspended. Hertz can offer you 20% off the retail rate. To receive the discount just enter CDP 2188961 under the add a discount code when making the reservation.

**ALERT:** Rates are significantly higher at all airports due to airport fees and taxes. Rental agencies near the airport may be considered a cost-saving alternative. We recommend utilizing a shuttle or other ground transportation from the airport to pick up your rental car.

## DISCLOSURES AND FLEXIBLE CANCELLATION PLAN

In the event it is necessary to cancel a program, Encore Symposiums' liability shall be limited to a full refund of the tuition fee.

Encore Symposiums reserves the right to substitute speakers and their topics in the event of an emergency.

All travel arrangements are contracted between the attendee and the airline.

Encore Symposiums is not responsible, nor liable for air transportation or discounts.

Cancellations due to employer restrictions on conferences and future travel: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation date. Credits are non-refundable for cash or transferable.

Cancellation received more than 45 days prior to the event: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation, or a refund less a \$100 processing fee.

Cancellation received less than 45 days prior to the event: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation date. Credits are non-refundable for cash or transferable.

MAIL REGISTRATION FORM OR REGISTER ON LINE: WWW.ESCRNAS.COM

Autumn in Bar Harbor & Acadia National Park 2026 Encore Symposium

October 19-22

PLEASE PRINT

Name: \_\_\_\_\_ AANA Membership ID Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Employer: \_\_\_\_\_

Total Number of Adults in Party: \_\_\_\_\_

Enroll Me in Four Days: 23 MAC Ed CE Credits (\$1175) \_\_\_\_\_

Enroll Me in the Following Days: 5 Class A CE Credits per Day (\$300/day) Day 1 \_\_\_\_\_ Day 2 \_\_\_\_\_ Day 3 \_\_\_\_\_ Day 4 \_\_\_\_\_

Payment: Check Enclosed \_\_\_\_\_ Payment is Being Processed: \_\_\_\_\_ This is my letter of intent: \_\_\_\_\_

Tuition Includes:

Submitting CE Credits to the AANA immediately post-symposium

Attendance Certificate provided by email post seminar

Daily Full Breakfast

\$50 Discount Certificate applicable to a future Encore Symposium

Drawing for one Encore Symposium Scholarship will be held at the conclusion of the symposium. (Must be present to win)

Anesthesia After Hours: CRNA Social Event which includes a FREE MAC Dev Credit and hors d'oeuvres and cash bar by RSVP only.

Tuition Rate: \$1175/23 MAC Ed CE Credits / Daily Rate: \$300

Savings Opportunity: Tuition received 60 days prior to the symposium (08/20/2026) will enjoy the following discount for full attendance: \$50

Make Check Payable to: Encore Symposiums, Inc.

Send to: 1907 Loch Lomond Ct., Winston-Salem, NC 27106

Credit Cards Via Website: Go to Register Now