



AUTUMN IN BAR HARBOR AND
ACADIA NATIONAL PARK
OCTOBER 19-22, 2026

**CRNA
CENTRIC
SEMINARS**

Over 40+ Years of a
Primarily CRNA Faculty

Focused on:

CRNAs
Service
and the
NBCRNA/CPC Exam
Preparation

Contact Us:
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www.theharborsidehotel.com

55 West Street

Bar Harbor, ME 04609

(800) 328-5033

PROGRAM SCHEDULE

Monday, October 19

- 6:30 am Registration and Harborside Breakfast
- 6:55 am Welcome and Introduction
- 7:00 am What's New in Anesthesia: Highlights of New Trends and Issues
- J. Lowrance - **ACP • AET**
- 8:00 am Novel Applications for the Erector Spinae Plane (ESP) Block
- J. Pabalate - **ACP • HPP • MAC • PM**
- 9:00 am Understanding Hypotensive Prediction Algorithms
- J. Pabalate - **AM • HPP • MAC**
- 10:00 am Refreshment Break
- 10:15 am Neuromuscular Drugs and Reversal: Past, Present and Future
- R. Shores - **ACP • HPP • MAC • PM**
- 11:15 am Hypothermia: Incidence, Implications, Interventions
- R. Shores - **HPP • AET**
- 12:15 pm Unlocking Pain Relief: Exploring Journavx
- K. Westra - **ACP • HPP • PM**
- 1:30 pm "Encore Anesthesia After Hours": Free MAC Dev Credit,
Hors d'oeuvres and Cash Bar Available by RSVP ONLY

Tuesday, October 20

- 6:30 am Registration and Harborside Breakfast
- 7:00 am Anesthesia for the Asthmatic - K. Westra - **ACP • HPP • MAC**
- 8:00 am The Resurgence of Methadone in Anesthesia
- K. Westra - **ACP • HPP • PM**
- 9:00 am Practical Pharmacology Review: Clarifying Key Tools for the CRNA
- J. Lowrance - **AM • HPP • MAC**
- 10:00 am Refreshment Break
- 10:15 am Airway Basics: Master the Foundation- J. Lowrance - **AM • HPP • MAC**
- 11:15 am Pre-Anesthesia Testing in the Rural/Critical Access Hospital
Environment - J. Pabalate
- 12:15 pm Neuromuscular Management and Monitoring - R. Shores
- **ACP • HPP • AET • MAC**

Wednesday, October 21

- 6:30 am Registration and Harborside Breakfast
- 7:00 am Mythbusters: Neuromuscular Monitoring and Reversal
- R. Shores - **ACP • HPP • MAC**
- 8:00 am Occupational Hazards in the OR - R. Shores
- 9:00 am Ultrasound Sonography and Knobology Review - J. Pabalate
- **ACP • HPP • AET**
- 10:00 am Refreshment Break
- 10:15 am The Coagulation Cascade Made Easy - A. Suralis - **ACP • HPP • MAC**
- 11:15 am Airway Advanced Techniques: Push into True Expertise
- J. Lowrance - **AM • HPP**
- 12:15 pm Damage Control: Fluids & Resuscitation - K. Westra
- **ACP • HPP • MAC**

Thursday, October 22

- 6:30 am Registration and Harborside Breakfast
- 7:00 am Ketamine Infusion for Today's Modern Clinician - J. Pabalate
- **ACP • HPP**
- 8:00 am Neuroanesthesia for the Occasional Neuroanesthetist - K. Westra
- **ACP • HPP • MAC**
- 9:00 am OB Anesthesia Care: Critical Anesthesia Scenarios - K. Westra
- **ACP • HPP • MAC**
- 10:00 am Refreshment Break
- 10:15 am Sepsis: Implications for Anesthetic Management - R. Shores
- **ACP • HPP • MAC**
- 11:15 am The Vortex Model of Resilience: How to Control the Chaos
- J. Lowrance

Legend for Topic Relevancy to the CORE Modules and CPC Exam Preparation

AM = Airway Management
ACP = Applied Clinical Pharmacology
HPP = Human Physiology and Pathophysiology
AET = Anesthesia Equipment and Technology
MAC = Maintain Anesthesia Certification

Legend for Topic Content Specific for APRN License Renewal

PM = Pain Management
LI = Legal Issues
HI = HIV/AIDS
LY = Lyme Disease

FACULTY

Jon Lowrance, MSN, CRNA

Jonathan Pabalate, DNP, CRNA,

Ryan Shores, DNP, CRNA

Amy Suralis, DNP, CRNA, APRN

Kimberly Westra, DNP, MS, MBA, CRNA

ACCREDITATION

This program has been submitted to the AANA for 23.00 MAC Ed CE credits.
The AANA is an approved provider by the CA Board of Registered Nursing, CEP#10862

TUITION

4-Day Attendance: \$1175/23 CE Credits / Daily Rate: \$300
Savings Opportunity: A \$50 discount will apply to full attendance tuition
received 60 days prior to the symposium (August 20, 2026)

Tuition Checks Payable to: Encore Symposiums, Inc.
1907 Loch Lomond Ct., Winston-Salem, NC 27106

[Register Now On Line](#)

[Student Discounts Available](#)

ACCOMMODATIONS

Harborside Hotel, Spa & Marina
(843) 856-0028

Encore Symposiums Negotiated Discounted Nightly Rates:

King w/Sleeper Sofa Standard View \$399 / Queens Standard View \$409 / King w/Sofa Harbor View /\$475 plus all applicable taxes

Additional Room Types Available ~ Special Resort Concessions for Encore Symposium Attendees

(Identify yourself as an attendee of Anesthesia Encore Symposiums.)

Reservations must be made by September 17, 2026, to receive the group discount or until the Encore room block is sold out.

TRAVEL DISCOUNTS

DELTA AIR LINES

Travel Dates: October 12- 27, 2026

Meeting Code: NM4S5

Discounts Valid at the Following Airports:

Bangor Airport (BGR) / Bar Harbor (BHB) / Boston (BOS) Portland (PWM)

Online Reservations and Ticketing: www.delta.com

Please Note: When booking online, select 'Book Your Flight' and enter the Meeting Code: NM4S5

Phone Reservations: Call Delta Meeting Network® at: 800-328-1111
(7:00 am - 7:30 pm CT)

Please Note: No service fee for reservations booked and ticketed via Delta Air Lines reservation 800 number.

Approximate Travel Time from listed airports to the conference hotel are listed on our website on the Travel Discount Page.

HERTZ CAR RENTAL

We strongly recommend that you contact your preferred car rental company EARLY.

Due to the vehicle shortage, the convention program has been suspended. Hertz can offer you 20% off the retail rate. To receive the discount just enter CDP 2188961 under the add a discount code when making the reservation.

ALERT: Rates are significantly higher at all airports due to airport fees and taxes. Rental agencies near the airport may be considered a cost-saving alternative. We recommend utilizing a shuttle or other ground transportation from the airport to pick up your rental car.

DISCLOSURES AND FLEXIBLE CANCELLATION PLAN

In the event it is necessary to cancel a program, Encore Symposiums' liability shall be limited to a full refund of the tuition fee.

Encore Symposiums reserves the right to substitute speakers and their topics in the event of an emergency.

All travel arrangements are contracted between the attendee and the airline.

Encore Symposiums is not responsible, nor liable for air transportation or discounts.

Cancellations due to employer restrictions on conferences and future travel: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation date. Credits are non-refundable for cash or transferable.

Cancellation received more than 45 days prior to the event: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation, or a refund less a \$100 processing fee.

Cancellation received less than 45 days prior to the event: 100% credit will be applied to an Encore Symposium of your choice within 18 months post-cancellation date. Credits are non-refundable for cash or transferable.

[MAIL REGISTRATION FORM OR REGISTER ON LINE: WWW.ESCRNAS.COM](http://WWW.ESCRNAS.COM)

[Autumn in Bar Harbor & Acadia National Park 2026 Encore Symposium](#)
[October 19-22](#)

PLEASE PRINT

Name: _____ AANA Membership ID Number: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Cell Phone: _____ Work Phone: _____

E-Mail: _____ Employer: _____

Total Number of Adults in Party: _____

Enroll Me in Four Days: 23 MAC Ed CE Credits (\$1175) _____

Enroll Me in the Following Days: 5 Class A CE Credits per Day (\$300/day) Day 1 _____ Day 2 _____ Day 3 _____ Day 4 _____

Payment: Check Enclosed _____ Payment is Being Processed: _____ This is my letter of intent: _____

Tuition Includes:

Submitting CE Credits to the AANA immediately post-symposium

Attendance Certificate provided by email post seminar

Daily Full Breakfast

\$50 Discount Certificate applicable to a future Encore Symposium

Drawing for one Encore Symposium Scholarship will be held at the conclusion of the symposium. (Must be present to win)

Anesthesia After Hours: CRNA Social Event which includes a FREE MAC Dev Credit and hors d'oeuvres and cash bar by RSVP only.

Tuition Rate: \$1175/23 MAC Ed CE Credits / Daily Rate: \$300

Savings Opportunity: Tuition received 60 days prior to the symposium (08/20/2026) will enjoy the following discount for full attendance: \$50

Make Check Payable to: Encore Symposiums, Inc.

Send to: 1907 Loch Lomond Ct., Winston-Salem, NC 27106

Credit Cards Via Website: [Go to Register Now](#)